If you suspect an opioid overdose:

1. **TRY TO WAKE THE PERSON UP**
   - Shake them and shout
   - If no response, grind your knuckles into their breast bone for 5 to 10 seconds

2. **CALL 911**
   
   *911 should be called if an overdose is suspected, even if the person is responsive*
   - If you are with a group and cannot call yourself, state who should call – Ex. “Mary, call 911.”
   - State that you suspect someone has overdosed

3. **ADMINISTER NASAL NALOXONE**
   - Hold sprayer between thumb and two fingers
   - **DO NOT TEST SPRAY** – Spray entire dose into nostril
   - Repeat with second dose after 2-3 minutes if still not conscious

4. **CHECK FOR BREATHING**
   - If not breathing, give CPR, if trained, or do rescue breathing:
     - Tilt head back, open mouth and pinch nose
     - Start with 2 breaths into the mouth. Then 1 breath every 5 seconds.
     - Continue until help arrives

5. **STAY WITH THE PERSON**
   - Naloxone wears off in 30 to 90 minutes
   - When the person wakes up, explain what happened and try to keep them calm
   - If you need to leave, turn the person on their side to prevent choking

*If the person is conscious and wants to leave, do not detain them. They are free to go.*

6. **INCIDENT REPORTS**
   - Fill out a Patterson Library Incident Report as well as the NYSDOH Community Naloxone Usage Form (which is located in the kit).
   - Be sure to state that Naloxone has been administered and the number of doses.
   - Give the original Incident Report and Usage Form to the library director